

## Track and Field Schedule 2022

<u>Date</u>	<u>Meet</u>	<u>Location</u>	<u>Who</u>
TBD	Catch the Wave \$\$	PV Country Club	Parents
TBD	Parent Meeting - 6pm	TBD	All Parents
TBD	Spike Night	Village Runner R.B.	All
	<b>Tryouts</b>	<b>PVHS Track</b>	
<b>1/25 Tues</b>	<b>After School SPRINT Practices Begin</b>		
<b>2/3 Thurs</b>	<b>End of Winter Sports Regular Season</b>		
<b>2/19</b>	<b>First Allowable Track Meet Date per CIF</b>		
2/19 Sat	Crescenta Valley Inv	CVHS	All Distance
2/26 Sat	PV Invitational	Home	All***
3/3 Thurs	El Segundo/San Pedro Tri	Home	All
3/11&12 Fri/Sat	Redondo Nike Invite	Redondo HS	Select
3/19 Sat	Trophy Invitational	Laguna Beach HS	Select
3/23 Wed	North/South/PV Tri	North High	All
3/26 Sat	Azusa Distance MOC	Azusa Pacific Univ	All Distance
<b>3/26 – 4/3</b>	<b>----- Spring Break -----</b>		
4/8-4/9 Fri & Sat	Arcadia Invitational	Arcadia HS	Select Varsity
4/12 Tues	Peninsula Dual (Senior Day)	Home	All*
4/16 Sat	South Bay Champs	West Torrance	All:f/s Fri,var Sat
4/26 Tues ~1pm	Bay League Prelims	Mira Costa HS	All
4/29 Fri ~5pm	Bay League Finals	Mira Costa HS	All
5/1 Sun	Malaga Cove Mile	PVHS Track	All Invited
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5/7 Sat	CIF Prelims	Estancia HS	Select Varsity
TBD	Banquet	PVHS Senior Park	Athletes/Parents/Guests
5/14 Sat	CIF Finals	Moorpark	Select Varsity
5/21 Sat	CIF Masters	Moorpark	Select Varsity

5/24 Tues	Middle School Meet	PVHS Track	All Athletes
5/27&28 Fri/Sat	State Finals	Fresno/Buchanan HS	Select Varsity

Home Meets: **In Normal times:** athletes need to be there from beginning to end of the meet. Roll will be taken at the end after everything is cleaned up. Please schedule appointments accordingly. **This year:** we will let the kids know to what extent they should be at the meet

\*We coaches **do not know** what time of day your child will be competing. Some meets are after school for about 3 hours (Duals). Some are all day events (Invitationals). At best we can field a guess. Asking your child to estimate the time can help them understand the flow of a meet.

\***Do NOT go to Coachella or Stagecoach.** Anyone who ever has, they have come back with tired legs, dehydrated, and completely mentally done right before the most important part of the season. Going to either would mark the end of your competitive season.

\*Distance = 800, 1600, 3200. Mostly Cross Country runners.