

Cross Country Schedule 2023

<u>Date</u>	<u>Meet</u>	<u>Location</u>	<u>Who</u>
8/7-13*	Mammoth Camp	Mammoth	All
8/24 Th	Watermelon Run	Home	All
8/31 Th	Mini Meet	Home	All
9/9 Sat	Iolani Inv	Honolulu, HI	TBD
9/15 Fr	Woodbridge Inv	Irvine	All
9/29 Fr	Palos Verdes Invitational	Home	All/Alumni
10/7 Sat	Glow Stick Run	Home	All
10/12 Th	Bay League #1	TBD	All
10/20 Fri	Mt Sac Inv	Mt Sac	All
10/25 Wed	Warrior Mile	West Torrance HS	All
11/2 Th	Bay League #2	TBD	All
11/10-11 Fri/Sat	CIF Prelims	Mt. Sac	Top 12
11/18 Sat	CIF Finals	Mt. Sac	Top 12
11/25 Sat	State Finals	Fresno	Top 12

12/2 Sat*	NXN	Portland, OR	Must Qualify
12/2 Sat*	Foot Locker West Region	Mt Sac	Any
12/9 Sat*	Foot Locker Nationals	San Diego	Must Qualify

*Not school affiliated events